***Junior and Senior’s***

* **What:** Pre-season training and conditioning, Hitting, Pitching, infield, outfield, & catching
* **When:** 6:00-7:30 PM (calendar attached)
* **Where:** Egg Harbor Twp. High School Auxiliary Gym (back gym)
* **Cost:** $10.00 to cover cost of insurance – provided by EHT Baseball Booster Club
* **Supervised by Baseball Booster Club Parents**

***Freshman and sophomores***

* **What:** Pre-season training and conditioning, Hitting, Pitching, infield, outfield, & catching
* **When:** 7:30 – 9:00 PM (calendar attached)
* **Where:** Egg Harbor Twp. High School Auxiliary Gym (back gym)
* **Cost:** $10.00 to cover cost of insurance – provided by EHT Baseball Booster Club
* **Supervised by Baseball Booster Club Parents**

***ALL QUESTIONS CONCERNING WINTER WORKOUTS***

***SHOULD BE ADDRESSED***

***TO CHERYL KENT (Booster Club President)***

| January |  |  | February |
| --- | --- | --- | --- |
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|  |  |  |
| --- | --- | --- |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 | Monday 6-9 pm back gym |  |
| 6 |  |  |
| 7 | Wednseday 6-9pm back gym |  |
| 8 | Thursday 6-9pm Back gym |  |
| 9 | Friday 6-9pm back gym  |  |
| 10 |  |  |
| 11 |  |  |
| 12 | Monday 6:30-9pm back gym |  |
| 13 | Tuesday 6:30-9pm back gym |  |
| 14 |  |  |
| 15 | Thursday 6:30-9pm Back gym |  |
| 16 | Friday 6:30-9pm back gym |  |
| 17 |  |  |
| 18 |  |  |
| 19 | School Closed- No gym usage |  |
| 20 | Tuesday 6-9pm back gym |  |
| 21 | Wednseday 6-9pm back gym |  |
| 22 |  |  |
| 23 | Friday 6-9pm back gym |  |
| 24 |  |  |
| 25 |  |  |
| 26 | Monday 6:30-9pm back gym |  |
| 27 | Tuesday 6:30-9pm back gym |  |
| 28 |  |  |
| 29 | Thursday 6:30-9pm back gym |  |
| 30 | Friday 6:30-9pm back gym |  |
| 31 |  |  |

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|  |  |  |
| --- | --- | --- |
| 1 |  |  |
| 2 | Monday 6-9pm back gym |  |
| 3 |  |  |
| 4 | Wednesday 6-9pm back gym |  |
| 5 | Thur. 8-9 pm Big Gym (Throwing only) |  |
| 6 | Nerf Ball Tournament |  |
| 7 |  |  |
| 8 |  |  |
| 9 | Monday 6:30-9pm back gym |  |
| 10 | Tuesday 6:30-9pm back gym |  |
| 11 | Wednesday 6:30-9pm back gym |  |
| 12 | Thursday 6:30-9pm back gym |  |
| 13 | Volleyball-A-Thon |  |
| 14 |  |  |
| 15 |  |  |
| 16 | School Closed – No gym usage |  |
| 17 |  |  |
| 18 | Wednesday 6-9pm back gym |  |
| 19 |  |  |
| 20 | Friday 6-9pm back gym |  |
| 21 |  |  |
| 22 |  |  |
| 23 | Monday 6-9pm back gym |  |
| 24 | Tuesday CAL BASKETBALL \*TBA\* |  |
| 25 |  |  |
| 26 | Thur. CAL BASKETBALL \*TBA\* |  |
| 27 |  |  |
| 28 |  |  |
|  | March |  |
| 2 | Monday 6-9pm back gym |  |
| 3 | Tuesday 6-9pm back gym |  |
| 4 | Wednesday 6:30-9pm back gym |  |

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