***Junior and Senior’s***

* **What:** Pre-season training and conditioning, Hitting, Pitching, infield, outfield, & catching
* **When:** 6:00-7:30 PM (calendar attached)
* **Where:** Egg Harbor Twp. High School Auxiliary Gym (back gym)
* **Cost:** $10.00 to cover cost of insurance – provided by EHT Baseball Booster Club
* **Supervised by Baseball Booster Club Parents**

***Freshman and sophomores***

* **What:** Pre-season training and conditioning, Hitting, Pitching, infield, outfield, & catching
* **When:** 7:30 – 9:00 PM (calendar attached)
* **Where:** Egg Harbor Twp. High School Auxiliary Gym (back gym)
* **Cost:** $10.00 to cover cost of insurance – provided by EHT Baseball Booster Club
* **Supervised by Baseball Booster Club Parents**

***ALL QUESTIONS CONCERNING WINTER WORKOUTS***

***SHOULD BE ADDRESSED***

***TO CHERYL KENT (Booster Club President)***

| January |  |  | February |
| --- | --- | --- | --- |
| |  |  |  | | --- | --- | --- | | 1 |  |  | | 2 |  |  | | 3 |  |  | | 4 |  |  | | 5 | Monday 6-9 pm back gym |  | | 6 |  |  | | 7 | Wednseday 6-9pm back gym |  | | 8 | Thursday 6-9pm Back gym |  | | 9 | Friday 6-9pm back gym |  | | 10 |  |  | | 11 |  |  | | 12 | Monday 6:30-9pm back gym |  | | 13 | Tuesday 6:30-9pm back gym |  | | 14 |  |  | | 15 | Thursday 6:30-9pm Back gym |  | | 16 | Friday 6:30-9pm back gym |  | | 17 |  |  | | 18 |  |  | | 19 | School Closed- No gym usage |  | | 20 | Tuesday 6-9pm back gym |  | | 21 | Wednseday 6-9pm back gym |  | | 22 |  |  | | 23 | Friday 6-9pm back gym |  | | 24 |  |  | | 25 |  |  | | 26 | Monday 6:30-9pm back gym |  | | 27 | Tuesday 6:30-9pm back gym |  | | 28 |  |  | | 29 | Thursday 6:30-9pm back gym |  | | 30 | Friday 6:30-9pm back gym |  | | 31 |  |  | |  |  | |  |  |  | | --- | --- | --- | | 1 |  |  | | 2 | Monday 6-9pm back gym |  | | 3 |  |  | | 4 | Wednesday 6-9pm back gym |  | | 5 | Thur. 8-9 pm Big Gym (Throwing only) |  | | 6 | Nerf Ball Tournament |  | | 7 |  |  | | 8 |  |  | | 9 | Monday 6:30-9pm back gym |  | | 10 | Tuesday 6:30-9pm back gym |  | | 11 | Wednesday 6:30-9pm back gym |  | | 12 | Thursday 6:30-9pm back gym |  | | 13 | Volleyball-A-Thon |  | | 14 |  |  | | 15 |  |  | | 16 | School Closed – No gym usage |  | | 17 |  |  | | 18 | Wednesday 6-9pm back gym |  | | 19 |  |  | | 20 | Friday 6-9pm back gym |  | | 21 |  |  | | 22 |  |  | | 23 | Monday 6-9pm back gym |  | | 24 | Tuesday CAL BASKETBALL \*TBA\* |  | | 25 |  |  | | 26 | Thur. CAL BASKETBALL \*TBA\* |  | | 27 |  |  | | 28 |  |  | |  | March |  | | 2 | Monday 6-9pm back gym |  | | 3 | Tuesday 6-9pm back gym |  | | 4 | Wednesday 6:30-9pm back gym |  | |